ATASK: Engaging Masculinities and Teen Dating Violence Outline

1. Day 1 - Engaging Masculinity Intro
   a. Gender/ Gender expression
   b. Femininity vs. Masculinity Expectations
      i. What does femininity look like?
         1. Feminine characteristics
         2. In the media
         3. Emotions
         4. Work
      ii. What does masculinity look like?
         1. Masculine characteristics
         2. In the media
         3. Emotions
         4. Work
      iii. What does femininity not look like?
      iv. What does masculinity not look like?
   c. Healthy and Unhealthy Forms of Masculinity
      i. What characteristics of masculinity could be unhealthy?
      ii. What characteristics of masculinity are healthy?
   d. What does this have to do with Domestic Violence?

2. Day 2 - Engaging Masculinity: Scenarios
   a. Gender-Based Violence
      i. Definition
      ii. Prevalence
      iii. Statistics
   b. Case Scenarios - What would you do?
      i. Street Harassment/ Cat-Calling
      ii. Homophobia
      iii. Gender-Inclusive Restrooms
      iv. Sexual Harassment

3. Day 3 - Engaging Masculinity: ‘Mask’ulinity
   a. Review of Masculinity and Femininity
      i. Why are we talking about feminine and masculine expressions and characteristics?
      ii. Importance of Emotional Expression
   b. Trying to Meet Expectations of Masculinity and Femininity
      i. Personal Reflection

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4. Day 4 - Teen Dating Violence: DV 101
   a. Domestic Violence
      i. Definition
      ii. Forms of Domestic Violence
         1. Physical
         2. Emotional/ Verbal
         3. Sexual
         4. Cultural
         5. Economic/ Financial
      iii. True or False Interactive Activity - Debunking Myths of Domestic Violence
   b. Cycle of Violence
      i. Tension Building
      ii. Abuse
      iii. Honeymoon Phase

5. Day 5 - Teen Dating Violence: Experiences of TDV and Victim-blaming
   a. Stay or Go Activity
      i. Victim-Blaming
      ii. Potential Warning Signs of Abuse
   b. Resources